The Valor of Mercy

SUMMONING THE STRENGTH OF COMPASSION

Regional Tournament 2018

WAYNE STATE UNIVERSITY | MARCH 31–APRIL 1

mist DETROIT

السلام عليكم ورحمة الله وبركاته

There's something indescribable about MIST that has kept me coming back tournament after tournament. Eight years ago, as a fourteen year old in my freshman year of high school, I had no idea what to expect from an event like MIST. I walked into an electric and energized atmosphere— despite the fact that there were only 92 other students present at the time. I walked out a passionate competitor with a fired up team, ready to prepare for the following year's tournament.

Much has changed since 2011. MIST Detroit now welcomes more than a thousand people— competitors, coaches, volunteers, judges, organizers, sponsors, and speakers— to Wayne State University annually. We see the artistic talents of every socioeconomic status. We feel the creativity and sincerity of both city dwellers and suburbanites. We hear the stories of recent immigrants and Americans whose families have been here for centuries. We celebrate you and your talents, as well as your community, your friends, teachers, and parents who have supported you.

I have been blessed by Allah (SWT) to serve as your Regional Director for three years, watching all of you bring the hype that makes MIST, MIST. As I move on this summer, I am even more hopeful and excited to see how our Region molds itself in its second decade.

I hope you brought your spirit, enthusiasm, and energy! We're excited to see what you and your team have brought to MIST this year. Get hyped, get MISTified, and good luck!

On behalf of the 2018 MIST Detroit Dream Team, for the final time, all the best this year at MIST!

Hassan Ahmad
Regional Director

The Valor of Mercy:
Summoning the Strength of Compassion

"And We have not sent you except as a mercy to the worlds."
Quran 21:107

In English, the word mercy is typically used in a context of suffering. A beggar might ask the people for mercy; the people might ask the criminal for mercy; and the criminal might ask the judge and jury for mercy. Whereas the Arabic term rahma is often translated as mercy, its root letters r-h-m form the meaning "womb" in their nounal form, so rahma contains not just mercy but also the depths of motherly love. Al-Rahman (the Compassionate) and Al-Raheem (the Merciful) are the most prevalent references to God in the Quran, derived from the same root letters. When God addresses Prophet Muhammad, peace be upon him, in the following verse: "And We have not sent you except as a rahma to the worlds," (Quran 21:107) the entire theme of the prophetic message can be understood as rahma.

Despite being a morally positive concept, mercy is sometimes seen in a negative light, juxtaposed against justice. Showing mercy to an enemy can be seen as demonstrating weakness. To a criminal, offering leniency might mean failing to defend the rights of the aggrieved. Forgiving someone might be tantamount to appeasing bad behavior. So how can we show mercy without compromising the demands of justice?

The answer lies in our ability to prevent further harm. Forgiveness is a deeply spiritual practice, which cleans the mind and heart from negativity. However, forgiveness is impossible in a context where the cycle of abuse continues. We dare not ask the abused to forgive their oppressors without saving them from harm's way, and we cannot champion the cause of the oppressed without first establishing a deep sense of compassion for all involved.

Prophet Muhammad, peace be upon him, said, "Help your brother whether he is oppressed or an oppressor." A man said, "O Messenger of God, I will help him if he is oppressed, but if he is an oppressor, how shall I help him?" The Prophet responded, "By preventing him from oppressing, for that is how to help him." (Bukhari, Muslim, Tirmidhi)

Once we are compassionate enough to recognize the dignity of both the oppressed and oppressors as our brothers in humanity, we must treat them as such[1]. Compassion compels us to gather our strength to oppose injustice[2], which may be difficult and scary, but we must stand strong because the weak are in no position to help anyone except through thoughts and prayers[3][4]. After mustering our strength, we may realize the open secret of compassion: that it comes with a strength of its own[5][6].

Do you dare to be merciful, forgiving, and compassionate in your own home and community? How? We challenge you to take a deeper look and analyze the various concepts surrounding this theme. You have a chance to explore these concepts and more in the competitions and workshops of MIST this year, at both the Regional and National levels. Remember, competitive submissions with the most creativity and insight earn the greatest points.

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EQUAL HOUSING OPPORTUNITY

Scavenger Hunt

All tasks are 100 points. Take a picture or video as proof that the task has been completed and upload it to your team's official Instagram story. (If your team does not have an Instagram account you may use the public account of one member from your team).
Label each post with the correct **task number** (i.e. Task 1, Task 2, etc.).
Also tag **@mistdetroit** with each post. Points will be finalized on April 1st, 2018 by 12:00 PM, so have your stories uploaded before then!

☐ Task 1: Selfie with someone from another team and caption with their MIST experience

☐ Task 2: Picture of you or a team member preparing for a competition

☐ Task 3: Picture of a team member with a piece of MIST Merchandise!

☐ Task 4: Video of your team chanting another team's chant

☐ Task 5: Video of a chant in a different language with at least 3 people

☐ Task 6: Picture with someone who has been to the last 2 Regional Tournaments

☐ Task 7: Video of someone from your team telling us their favorite part of MIST

☐ Task 8: Picture of your team spectating a competition

☐ Task 9: Video of a team member practicing a new skill they learned from a MIST workshop

☐ Task 10: Selfie with a board member!

☐ Task 11: Take a picture of your team members jumping off the ground- must be in the air

☐ Task 12: Video of competition advice from a coach or judge

☐ Task 13: Use limbs and extremities to spell out 'MIST'- take a picture!

☐ Task 14: Get all of the seniors on your team registered to vote at the Emgage table, and take a picture with an Emgage representative!

Workshops

All workshops will be held on Saturday in the Student Center.

WS 1 - CALLIGRAPHY: BY THE PEN | HILLBERRY EF

Arabic calligraphy has been used in a variety of astonishing and imaginative ways. We have seen the Arabic script passionately expressed via many different art mediums. To practice calligraphy means to unleash creativity and practice versatility in expression. In this session, spend an hour with artist Ibrahim Ijaz, and try your hand at continuing this beautiful tradition.

WS 2 - TAKE CONTROL: SELF DEFENSE | HILLBERRY ABC

Life is a gift. It's also unpredictable. Self defense helps to prepare you for unexpected situations and also helps develop increased mental and physical health. Be proactive, and join us at this fast-paced workshop which will focus on providing tangible skills to young adults so that they can become their own advocates for social change. Roll up your sleeves, and learn some new skills with Areeb Ansari, a certified black belt at TaeKwonDo.

WS 3 - SHARE THE WARMTH | SC 285

While we get to end most nights within the comfort of our beds, there are many who aren't able to share the same ritual. To continue our MIST spirit competition, we will be making blankets with the donated material that you have provided. All blankets will be distributed to homeless individuals and families in Detroit, with the help of Zaman International. Give us a hand as we spread warmth and love to our Detroit neighbors.

WS 4 - SOCIAL JUSTICE THROUGH STORYTELLING | SC 285

Discover the power of healing stories and learn the role it has in promoting social justice. You'll have the opportunity to share and listen to success stories and gain inspiration to take on an active position in society. Join us with Fiana Arbab, Statewide Youth Organizer for Michigan Roundtable of Diversity and Inclusion, and grasp social justice in one of the best ways possible, through stories and peers.

MSA COLLEGE FAIR | HILLBERRY EF

Attending a university this upcoming fall? Have some questions about different resources available to you once you get there? Come visit the MSA College Fair where you can get some answers,collect freebies, and find out how you can become involved during your first year of college! MSAs represented include: UM-AA, UMD, WSU, UDM, OU, EMU, and MSU!

Saturday, March 24th
Sports Competitions

SISTERS' SOCCER

TOTAL SPORTS NOVI
41550 Grand River Ave, Novi, MI 48375

REGISTRATION: 10:30AM
KICKOFF: 12PM

SISTERS' BASKETBALL

HYPE ATHLETICS WESTERN WAYNE
4635 Howe Rd, Wayne, MI 48184

REGISTRATION: 10:30AM
KICKOFF: 12PM

BROTHERS' SOCCER

TOTAL SPORTS WIXOM
30990 Wixom Rd, Wixom, MI 48393

REGISTRATION: 6:30PM
KICKOFF: 7PM

BROTHERS' BASKETBALL

JOE DUMARS FIELDHOUSE
1301 W 8 Mile Rd, Detroit, MI 48203

REGISTRATION: 8AM
KICKOFF: 8:30AM

Prayer Times

SATURDAY

FAJR | 6:30AM
Student Center 2nd Floor Ballroom

DHUHR | 2:30PM
Student Center 2nd Floor Ballroom

ASR | 6PM
Student Center 2nd Floor Ballroom

MAGHRIB | 8PM
Student Center 2nd Floor Ballroom

SUNDAY

FAJR | 6:30AM
Student Center 2nd Floor Ballroom

DHUHR | 2PM
Student Center 2nd Floor Ballroom

ASR | 6PM
General Lectures Lobby

MAGHRIB | 8PM
General Lectures Lobby

ISHA | 9:30PM
General Lectures Lobby

Saturday, March 31st

Note: Numbers in parentheses indicate State Hall room numbers.

REGISTRATION: 8–9AM

Competitors | General Lectures 100
Coaches | General Lectures 150

(Pick up MIST Detroit Shirts - General Lectures Italian Lounge)

ORIENTATION: 9–10AM

Competitors | General Lectures 100
Coaches | General Lectures 150

(All ART competition submissions MUST be dropped off in their designated rooms by 10 a.m.)

KNOWLEDGE & QURAN: 10–12PM

Brothers' Quran 1 | (106)
Brothers' Quran 2 | (111)
Brothers' Quran 3 | (112)
Brothers' Quran 4 | (125)
Sisters' Quran 1 | (128)
Sisters' Quran 2 | (127)
Sisters' Quran 3 | (129)
Sisters' Quran 4 | (131)
Knowledge Test | (101)

WS 1, 2, 3: 10–12PM

BRACKETS I & II: 12–2:30PM (details below)

MIST Bowl I

4667, 4769, 4729 | (106)
4904, 5136, 5058 | (111)
4665, 5125, 4893 | (112)
4692, 5078, 5049 | (125)
4889, 4762, 5138 | (128)
4770, 4967, 4963 | (129)
5029, 4685, 4799 | (131)

MIST Bowl II

4770, 5136, 4799 | (106)
5049, 4769, 4889 | (111)
4692, 4665, 5125 | (112)
5078, 4667, 4904 | (125)
4893, 4762, 4963 | (128)
4729, 5058, 5029 | (129)
4967, 5138, 4685 | (131)

MIST Bowl III

4769, 4685, 5058 | (106)
5138, 5029, 4893 | (111)
4667, 4729, 5125 | (112)
4762, 5136, 4967 | (125)
4665, 5078, 4963 | (128)
4770, 4692, 4889 | (129)
4904, 4799, 5049 | (131)

Debate Orientation (206)

Sisters' Improv I | (134)
Brothers' Improv I | (101)
Math Olympics | (127)

Debate I

5058 vs. 4762 | (208)
4963 vs. 4769 | (215)
4770 vs. 4667 | (306)
4904 vs. 5138 | (311)
4889 vs. 4665 | (312)
4692 vs. 4729 | (315)

Debate II

4770 vs. 4729 | (208)
4963 vs. 4889 | (215)
4904 vs. 4769 | (306)
5058 vs. 5138 | (311)
4762 vs. 4667 | (312)
4692 vs. 4665 | (315)

OPEN CAMPUS LUNCH: 3–4PM

ARTS: 4–6PM (pick-up in room SH 135 - make sure to take before the day ends)

Photography | (131)
3D Art | (129)
Culinary Arts | (106)
2D Art | (125)
Fashion Design | (127)
Graphic Design | (128)
Scrapbook | (111)

WS 4 & MSA FAIR: 4–6PM

BRACKETS III: 6:45–7:45PM (check MIST Zone / social media to see if you qualified)

MIST Bowl | (125, 127, 128, 129, 131)
Math Olympics | (208)
Debate | (306, 311, 312, 315)

(NO DINNER ON SATURDAY)

Sunday, April 1st

CHANT OFFS: 8–9:30AM

Sisters | Student Center 2nd Floor Ballroom
Brothers | Student Center Hillberry Room

WRITING ORATORY: 9:30–12PM

Spoken Word | (101)
Extemp Essay | (128)
Extemp Speaking | (208)
Original Oratory | (134)

BRACKETS IV: 12–1PM

Debate | (117, 118)
MIST Bowl | (106, 128, 206)
Brothers' Improv | (101)
Sisters' Improv | (134)
Math Olympics | (116)

OPEN CAMPUS LUNCH: 1–2PM

GROUPS: 2:30–4:30PM

Short Film Viewing | (101)
Short Film Interviews | (106)
Business Venture | (129)
Community Service | (206)
Science Fair | (123)
Social Media | (128)
Mobile Apps | (127)
Brothers' Nasheed | (134)
Sisters' Nasheed | (234)

BRACKETS V: 4:30–5:30PM

MIST Bowl | (234)
Math Olympics | (116)
Brothers' Improv | (101)
Sisters' Improv | (134)
Debate | (106)

DINNER TO-GO: 5:30PM | STATE HALL

AWARDS CEREMONY

6:30–9:30PM

General Lectures 100

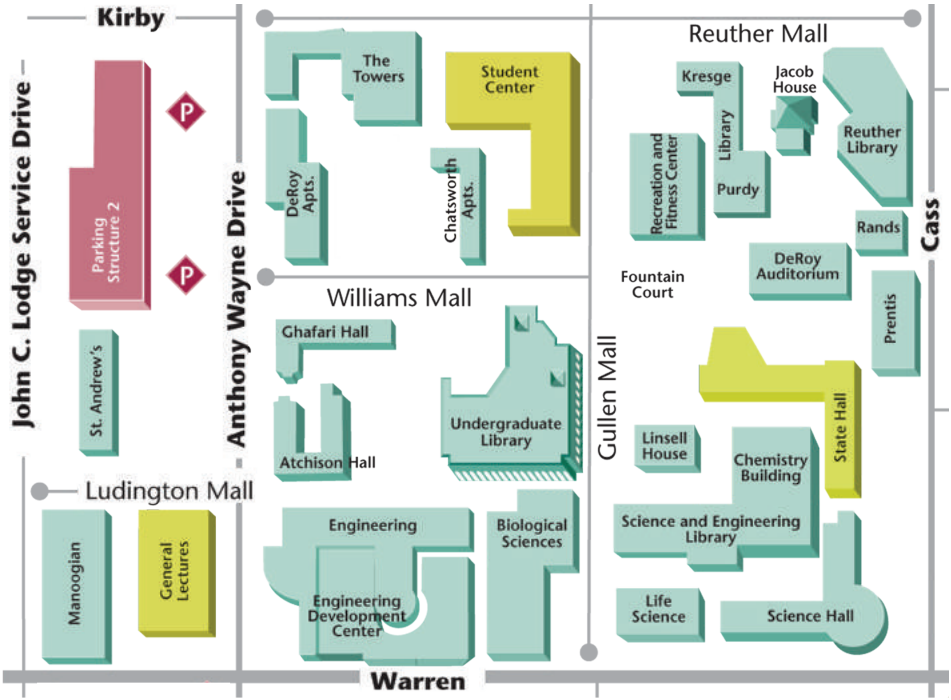
Open Campus Lunch

Key
* = Halal Options available
+ = Open Saturday Only
(walking distance from State Hall)

Alley Taco (10 min)
*Blimpies (5 min)
*Byblos Cafe & Grill (3 mins)
Checkers (8 min)
*Go Sy Thai (10 min)
*Harmony Garden Cafe (10 min)
Jet's Pizza (10 min)
Jimmy Johns (7 min)
*La Palma (13 min)
*Maya's Indo-Pak Cuisine (10 mins)
+Olympic Grille (3 min)
Panda Express (5 min)
*Royale with Cheese (11 min)
Sweet Lorraine's Fabulous Mac n' Brewz (3 min)
Shangri-La (5 min)
Slows To Go (12 min)
Sevas (9 min)

Closed All Weekend
La Pita Fresh
Epicurus
Freshii
Al Bashas
Subway

Campus Map



Parking Structure 2

Saturday/Sunday: Parking is available for $7.75 in Structure 2 with credit/debit card.
Sunday: Street parking is free at parking meters

General Lectures

Registration, Orientation and Awards Ceremony

State Hall

Competitions

Student Center

Prayers and workshops

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